

Centers for Independent Living Programs (CIL) Program Performance Report for FY 2017/2018

SOUTH CENTRAL IOWA CENTER FOR INDEPENDENT LIVING
117 1st Ave W
Oskaloosa, IA, 525773243

Grant Number: 1702IAILCL

Agency Information

* - Required input

Fiscal Year: 2018

Grant #: 1702IAILCL

Name of Center: South Central Iowa Center for Independent Living

Acronym for Center (if applicable): SCICIL

Counties Served: Mahaska, Appanoose, Monroe

Section 1. General Funding Information Section 725(c)(8)(D) of the Act

1.1 Sources and Amounts of Funds and Resources

* - Required field

1.1.1 All Federal Funds Received	
Federal Funds	Current Year
Title VII, Ch. 1, Part B*	17548

1.1.1 All Federal Funds Received

Federal Funds	Current Year
Title VII, Ch. 1, Part C*	101296
Title VII, Ch. 2*	0
Other Federal Funds*	0
Subtotal – All Federal Funds	118844

1.1.2 Other Government Funds

Government Funds	Current Year
State Government Funds*	12868
Local Government Funds*	0
Subtotal – State and Local Government Funds	12868

1.1.3 Private Resources

Private Resources	Current Year
Foundations, Corporations, or Trust Grants*	0
Donations from Individuals*	0
Membership Fees*	0
Investment Income/Endowment*	0
Fees for Service (program income, etc.)*	0
Other Resources (in-kind, fundraising, etc.)*	3979
Subtotal – Private Resources	3979

1.1.4 Total Income

Total Income	Current Year
Total Income	135691

1.1.5 Pass Through Funds	
Pass Through Funds	Current Year
Amount of other government funds received as pass through funds to consumers (include funds, received on behalf of consumers, that are subsequently passed on to consumers, e.g., personal assistance services, representative payee funds, or Medicaid funds)*	0
1.1.6 Net Operating Resources	
Net Operating Resources	Current Year
Net Operating Resources	135691

1.2 Resource Development Activities * - Required field

Briefly describe the CIL's resource development activities conducted during the reporting year to expand funding from sources other than chapter 1 of Title VII of the Act. *

The SCICIL did fundraising through an indoor sale, personal donations a fundraising letter as well as receiving \$1230.00 from Mahaska County Outreach, and private corporations. The total for the resource development is \$ 3979.40.

The SCICIL worked collaboratively with the other Iowa CIL's and the SILC in order to obtain state funding. The SCICIL continues to work on identifying other resources and opportunities to raise funds to assist in the day to day operations of the center. SCICIL is always looking for new funding opportunities.

Section 2. Compliance Indicator 1: Philosophy

2.1 Board Member Composition * - Required field

(A) Number of board members

(B) Number of board members with significant disabilities

5

(C) Percentage of board members with significant disabilities

100

2.2 Staff Composition * - Required field

Staff Composition			
Staff	Total FTEs	FTEs filled by individuals with disabilities	FTE's filled by individuals from minority populations
Decisionmaking staff*	1	1	0
Other Staff*	2	2	0
Total number of employees	3	3	0

2.2.1 Percentage of Staff with Disabilities

100

**Section 3. Individuals Receiving Services
Section 704(m)(4)(D) of the Act; Section 725(b)(2) of
the Act; Section 725(c)(8)(B) of the Act**

3.1 Number of Consumers Served During the Reporting Year * - Required field

Number of Consumers Served During the Reporting Year	
Consumer Type	# of CSRs
Enter the number of active CSRs carried over from September 30 of the preceding reporting year*	9
Enter the number of new CSRs opened since October 1 of the reporting year*	118
Total number of consumers served	127

3.2 Independent Living Plans and Waivers * - Required field

Independent Living Plans and Waivers	
Consumer Type	Number of Consumers
Number of consumers who signed a waiver*	38
Number of consumers with whom an ILP was developed*	89
Total number of consumers served during the reporting year	127

3.3 Number of Consumer Service Records Closed by September 30 of the Reporting Year * - Required field

Number of Consumer Service Records Closed by September 30 of the Reporting Year

Record Type	# of CSRs
Moved*	0
Withdrawn*	2
Died*	1
Completed all goals set*	39
Other*	10
Total number of CSRs closed	52

3.4 Age * - Required field

Age	
Age Period	# of Consumers
Under 5 years old*	1
Ages 5-19*	3

Age	
Age Period	# of Consumers
Ages 20-24*	3
Ages 25-59*	83
Age 60 and Older*	37
Age unavailable*	0
Total numbers of consumers by age	127

3.5 Sex * - Required field

Sex	
Sex	# of Consumers
Number of Females served*	79
Number of Males served*	48
Total number of consumers by gender	127

3.6 Race and Ethnicity * - Required field

Race and Ethnicity	
Race	# of Consumers
American Indian or Alaska Native*	0
Asian*	0
Black or African American*	8
Native Hawaiian or Other Pacific Islander*	1
White*	109
Hispanic/Latino of any race or Hispanic/ Latino only*	0
Two or more races*	0
Race and ethnicity unknown*	9
Total number of consumers served by race/ethnicity	127

3.7 Disability * - Required field

Disability	
Disability Type	# of Consumers
Cognitive*	19
Mental/Emotional*	57
Physical*	38
Hearing*	3
Vision*	1
Multiple Disabilities*	1
Other*	8

3.8 Individuals Served by County During the Reporting Year * - Required field

List each county within the CIL's service area, as indicated in the CIL's application for Part C funds and the approved SPIL. Add additional rows as necessary. For each county, indicate how many individuals residing in that county were served by the CIL during the reporting year.

3.8.1 Individuals Served by County During the Reporting Year

County Name	Number of County Residents Served
Mahaska	124
Keokuk	1
Appanoose	1
Monroe	1

Section 4. Individual Services and Achievements

4.1 Individual Services * - Required field

Individual Services		
Other IL Services	Consumers Requesting Services	Consumers Receiving Services
Advocacy/Legal Services*	2	2
Assistive Technology*	20	20
Children's Services*	0	0

Individual Services

Other IL Services	Consumers Requesting Services	Consumers Receiving Services
Communication Services*	0	0
Counseling and Related Services*	0	0
Family Services*	1	1
Housing, Home Modifications, and Shelter Services*	3	3
IL Skills Training and Life Skills Training*	20	20
Information and Referral Services*	256	256
Mental Restoration Services*	1	1
Mobility Training*	0	0
Peer Counseling Services*	12	12
Personal Assistance Services*	1	1

Individual Services		
Other IL Services	Consumers Requesting Services	Consumers Receiving Services
Physical Restoration Services*	0	0
Preventive Services*	0	0
Prostheses, Orthotics, and Other Appliances*	0	0
Recreational Services*	0	0
Rehabilitation Technology Services*	0	0
Therapeutic Treatment*	0	0
Transportation Services*	4	4
Youth/Transition Services*	3	3
Vocational Services*	2	2
Other Services*	0	0

4.2 I&R Information * - Required field

To inform ACL how many service providers engage in I&R follow-up contacts regarding access to transportation, health care services or assistive technology, please indicate the following:

The service provider did engage in follow-up contacts with I&R recipients to document access gained to previously unavailable transportation, health care or assistive technology

Yes

Describe how information and referral services and the other IL core and other IL services are provided to those who request such services in formats accessible to the individual requesting the services. Describe any innovative practices (not mentioned elsewhere in this report) to enhance the availability and effectiveness of IL services. *

SCICIL ensures availability of alternative formats in our existing program materials and strives to make any new materials received also readily available usually upon request of the consumer. If our agency does not have material in an alternative format, we will work with the consumer to locate and provide it in a timely manner. We upgraded our website to make it fully accessible.

4.3 Peer Relationships and Peer Role Models * - Required field

Briefly describe how, during the reporting year, the CIL promoted the development of peer relationships and peer role models among individuals with significant disabilities. *

SCICIL employs people with disabilities in as many staff positions as possible to serve as role models with the expectation that no matter what the specific job title or function, these staff will be doing peer support as a normal part of their job duties. The Advocacy Program assists individuals with applying for benefits, educational supports, advocating for housing discrimination, employment information and options, and systems advocacy. Transportation continues to be a major issue of concern to the population in the rural areas. Several of our board members also participates and one board member attends meetings.

4.4 Increased Independence and Community Integration * - Required field

Increased Independence and Community Integration			
Significant Life Area	Goals Set	Goals Achieved	In Progress
Self-Advocacy/Self-Empowerment*	11	6	5
Communication*	0	0	0

Increased Independence and Community Integration

Significant Life Area	Goals Set	Goals Achieved	In Progress
Mobility/Transportation*	2	2	0
Community-Based Living*	1	0	1
Educational*	7	2	5
Vocational*	0	0	0
Self-care*	0	0	0
Information Access/Technology*	29	10	19
Personal Resource Management*	0	0	0
Relocation from a Nursing Home or Institution to Community-Based LivingCommunity/Social Participation*	1	0	1
Community/Social Participation*	5	5	5
Other*	0	0	0

4.5 Improved Access To Transportation, Health Care Services, and Assistive Technology * - Required field

In column one, indicate the number of consumers who required access to previously unavailable transportation, health care services, or assistive technology during the reporting year. Of the consumers listed in column one, indicate in column two, the number of consumers who, as a result of the provision of IL services (including the four core services), achieved access to previously unavailable transportation, health care services, or assistive technology during the reporting year. In column three, list the number of consumers whose access to transportation, health care services or assistive technology is still in progress at the end of the reporting year.

Improved Access To Transportation, Health Care Services, and Assistive Technology			
Areas	# of Consumers Requiring Access	# of Consumers Achieving Access	# of Consumers Whose Access is in Progress
Transportation*	4	4	0
Health Care Services*	2	2	0
Assistive Technology*	22	20	2

Note: For most IL services, a consumer's access to previously unavailable transportation, health care and assistive technology is documented through his or her CSR. In some instances, consumers may achieve an outcome solely through information and referral (I&R) services. To document these instances as successful outcomes, providers are not required to create CSRs for these consumers but must be able to report that follow-up contacts with these consumers showed access to previously unavailable transportation, health care and assistive technology.

4.6 Self-Help and Self-Advocacy * - Required field

Briefly describe how the CIL has promoted self-help and self-advocacy among individuals with significant disabilities during the reporting year. *

- 1 The Center promoted self-advocacy through opportunities for PWD's to participate in a community needs survey. In the survey, PWD's had the opportunity to voice concerns and identify issues that were pertinent to their personal health/disability situations.
- 2) The SCICIL has met at various locations in our service area to address important issues and concerns and often invited speakers to address issues such as housing, transportation, food, shelter and basic needs..

3) We continue to make self-advocacy training available to all its consumers on an individualized basis as well as in-group settings as requested. Activities include assisting in the development of consumer strategies for resolving issues of physical barrier removal in the community, reasonable accommodation needs in employment, obtaining services from other agencies in the community, and advocating for transportation services for residents

4.7 Additional Information Concerning Individual Services or Achievements * - Required field

Please provide any additional description or explanation concerning individual services or achievements, including outstanding success stories and/or major obstacles encountered. *

One of our achievements has been in partnering with the local businesses and agencies to achieve increased accessibility for individuals with disabilities. The center initiated a number of opportunities for local agencies to participate in and be a part of our mission. We have partnered with Agency on Aging, United Way, Mahaska County Relief and Salvation Army. We continue to strive to increase information, resource accessibility and a focus on education for the consumers and communities we serve. We will continue to provide quality core services to the consumer and families in our communities, as well as to increase disability awareness to local agencies and businesses.

Section 5. Provision of Services

5.1 Compliance Indicator 2: Provision of Services on a Cross-Disability Basis * - Required field

Briefly describe how, during the reporting year, the CIL has ensured that IL services are provided to eligible individuals with a diversity of significant disabilities and individuals who are members of populations that are unserved or underserved, without restrictions based on the particular type or types of significant disability and in a manner that is neither targeted nor limited to a particular type of significant disability. *

SCICIL provides services to any individual who makes a service request, meets requirements to be identified as a person with a disability, and is motivated to set goals and work on them. SCICIL provided services to a variety of persons with all types of disabilities and all ages, as well as unserved and underserved populations in our 3 counties, Mahaska, Appanoose, and Monroe.

During the reporting year we served individuals through the CSR process, that self identified as having one or more disabilities in the following categories: Cognitive, Mental/emotional, physical, hearing, vision, multiple and other.

It is the policy of SCICIL to provide independent living services without restrictions based on the particular type of disability. SCICIL staff ensures that everyone in our

service area are fully aware of the fact that our services are available to persons with all types of disabilities and to other members of our service area that are un-served and under-served. We do this by making regular presentations in the communities that we serve, as well as, participating in outreach functions, community collaborative meetings, and in our written material that is distributed to the public. SCICIL staff receives training to fully understand the needs, issues, accommodations, cultural differences, and assistive technologies available. Our staff and Board of Directors are comprised of a cross section of persons with disabilities experienced in assisting an array of consumers with various disabilities.

5.2 Alternative Formats * - Required field

Briefly describe how, during the reporting year, the CIL has ensured the availability in alternative formats of all of its written policies and materials and IL services, as appropriate. *

SCICIL ensures availability of alternative formats in our existing program materials and strives to make any new materials received also readily available usually upon request of the consumer. If our agency does not have material in an alternative format,

we will work with the consumer to locate and provide it in a timely manner.

All of our written

materials are available in digital, taped, Braille format on request. We are happy to provide

reasonable accommodations upon request to address communication or other individual needs for access to our information and/or services.

5.3 Equal Access * - Required field

Briefly describe how, during the reporting year, the CIL has ensured equal access of individuals with significant disabilities, including communication and physical access, to the center's services, programs, activities, resources, and facilities, whether publicly or privately funded. Equal access, for the purposes of this indicator, means that the same access is provided to any individual with a significant disability regardless of the individual's type of significant disability. *

The location of the SCICIL is fully accessible to local and public transportation and our facility is walking distance of the downtown area. Our computer lab is accessible to all types of disabilities, with free internet access. Our library is fully accessible with free check out of literature.

Equal access, for the purposes of this indicator, means that the same access provided to individuals without disabilities is provided in the center's service area to individuals with significant disabilities.

Briefly describe how, during the reporting year, the CIL has advocated for and conducted activities that promote the equal access to all services, programs, activities, resources, and facilities in society, whether public or private, and regardless of funding source, for individuals with significant disabilities. Equal access, for the purposes of this indicator, means that the same access provided to individuals without disabilities is provided in the center's service area to individuals with significant disabilities. *

Every consumer requesting services is informed of services that are provided by SCICIL. If the consumer is requesting ongoing services the intake process is initiated and the consumer is provided an agency brochure, a copy of our Consumer Bill of Rights, an explanation of confidentiality, a CAP brochure and discussion of service that the consumer would like to develop. A Consumer Service Record (CSR) containing all five elements is established and the consumer is notified of their right to develop or waive an IL-P. This is recorded in the CSR.

At the initial meeting, the consumer is provided with a SCICIL survey and the Independent Living staff explains that the SCICIL wants to be responsive to their need and provide quality services. The SCICIL will encourage the consumer to provide feedback at any time during their experience with the SCICIL. This information is reviewed by the Executive Director and shared with the Board of Directors.

5.4 Consumer Information * - Required field

Briefly describe how, during the reporting year, the CIL has ensured that consumers have the opportunity to develop and achieve their goals (either with or without an ILP) and that the consumer has the opportunity to express satisfaction with the center and such consumer satisfaction results are evaluated by the center. *

Every consumer requesting services is informed of services that are provided by SCICIL. If the consumer is requesting ongoing services, the intake process is initiated and the consumer is provided an agency brochure, a copy of our Consumer Bill of Rights, a CAP brochure and an explanation of confidentiality, and there is a discussion on the plan of service that the consumer would like to develop. A Consumer Service Record (CSR) containing all five elements is established and the consumer is notified of their right to develop or waive an ILP. This is recorded in the CSR.

At the initial meeting, the consumer is provided with a SCICIL survey and the Independent Living staff explains that the SCICIL wants to be responsive to their need and provide quality services. The SCICIL will encourage the consumer to provide feedback at any time during their experience with the SCICIL. This information is reviewed by the Executive Director and shared with the Board of Directors.

5.5 Consumer Service Record Requirements * - Required field

Briefly describe how, during the reporting year, the CIL ensured that each consumer's CSR contains all of the required information *

During the reporting year, blank CSR files were compiled ahead of time for staff use to assure that all consumers' CSR's contained the following forms: Upon request, copies of all documents completed during the Consumer Service Record application process are provided to the consumer.

Accuracy and completeness of CSRs are achieved through staff maintenance, monitoring, by the director, and updated when necessary. Files are kept locked to insure confidentiality.

During the reporting year, blank CSR files were compiled ahead of time for staff use to assure that all consumers' CSR's contained the following forms:

1. Consumer Intake Form

2. Consumer Application Form

3. Iowa Client Assistance Services brochure — given to consumer at intake

4. Assignment of Services Coordinator — copy of signed form given to consumer at intake

5. Consumer Eligibility, Rights and Responsibilities form
— copy of signed form given to consumer at intake

6. Consumer Appeals and Complaint Procedure — copy of signed form given to consumer at intake
7. Independent Living Plan — copy of signed form(s) given to consumer upon completion
8. Individualized Service Plan — copy of signed form(s) given to consumer upon completion
9. Initial Assessment Summary — given to consumer after intake is completed
10. Authorization to Release Information copy of completed, signed form given to consumer at the time it is signed
11. Summary of Services Form
12. Comprehensive Service Record
13. Consumer Follow-up
14. All files are secured to maintain confidentiality.

5.6 Community Activities * - Required field

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcome(s)
Transportation	Community Systems Advocacy	19	Increase availability of accessible van/bus	Improved communication with local agencies and the transit.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcome(s)
Health Care	Community Ed. Public Info	15	Educate about IL philosophy	Health fair with area agencies
Health Care	Collaboration/networking	10	To improve health services in Mahaska, Monroe and Appanoose counties	Provided input in CAP group, human services, hospital and area agency groups
Assistive Technology	Community Systems Advocacy	45	Help with computer with job applications. File for benefits	Helping PWD'S obtain job skills and file for unemployment
Assistive Technology	Community Ed /public info	40	PWD'S will have access to GED tutor and help them attain their GED	Educated PWD'S Independent living skills
Assistive Technology	Collaboration/networking	4	Provide quality information and resources for people with low vision and hard of hearing	Available endeavor for the consumers and low vision meetings
Housing	Community Ed. and Public	20	Improve housing options for people with disabilities	Collaborated with local agencies on housing.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcome(s)
Assitive Technology	Community Ed. and Public	30	Computer/internet access to all consumers	PWD'S have physical access to public and government programs and services to increase community living and capacity.
Other	Other	60	Resource Development	Applied to several foundations and housing trust fund
Other	Outreach Efforts	30	booth at fair and talked to several groups	Approx. 100 people received info
Other	Outreach	50	Outreach to people in need of help, rent, food, housing, medical information	Approx 150 reached through outreach.

5.7 Description of Community Activities * - Required field

For the community activities mentioned above, provide additional details such as the role of the CIL staff board members and/or consumers, names of any partner organizations and further descriptions of the specific activities, services and benefits. *

As we have in past years, SCICIL has partnered with or supported local and state organizations throughout the reporting year. This brings a greater strength of outreach and advocacy when we combine our efforts. We have had activities or sponsorships with the following:

Transportation:

1 Staff member Volunteer assisted to coordinate efforts, outreach, and advocacy for reliable, affordable and responsive integrated transit system.

This group has conducted surveys, met with other service providers and maintained communication with the local transit authority and community sponsors. United Way, Love Inc., Sieda, Oskaloosa Housing Authority, Crisis Intervention, Dept. Human Services, Salvation Army.

Health Care

1 Board Member & all Staff Members

CIL participants attended meetings to assist with rule development and review, helped design social marketing materials and advocated within other venues for self-direction. United Way, Love Inc., Sieda, Oskaloosa Housing Authority, Crisis Intervention, Dept. Human Services, Salvation Army, Mahaska hospital, Mahaska free medical clinic.

Assistive Technology

1 Board Member and all Staff Members

SCICIL provided DVR and IDB consumers' information on technology resources available to PWD'S and their families. 1 board member serves on the DVR board.

Housing

1 Staff 1 board member

Advocacy efforts for housing opportunities which focused heavily on home ownership and affordable housing that is a distinct part of the community services and supports provided to maintain independence. Community Sponsors include Oskaloosa Housing Authority, and Housing and urban Development (HUD)

Education

Staff and GED instructor, volunteers, working with collaboration with Indian Hills Community College.

Educated PWD'S about Independent Living Skills

And Helped PWD'S obtain their GED

Employment

Staff and 1 board member

Worked with One-Stop Workforce Development and Promise Jobs in collaboration with helping PWD'S obtain and retain employment, and file for unemployment benefits. Vocational Rehab has a presence in our office one day a week and works with consumers in obtaining employment.

Communications

Community involvement, Public speaking. Staff and board members

Section 6. Annual Program and Financial Objectives

* - Required field

6.1 Work Plan for the Reporting Year * - Required field

6.1.1 Achievements

Discuss the work plan's proposed goals and objectives and the progress made in achieving them during the reporting year. *

Goal 1: The SCICIL will comply with evaluation standards.

Objective 1: The SCICIL will promote self-help and self-advocacy with at least ten (3) consumers.

A• Staff will ensure that consumers are in control of identifying and setting all Independent Living Goals, and the steps used to achieve those goals.

- Staff will inform consumers of their rights.
- Staff will inform consumers how to address possible grievances.
- Staff will help consumers to understand the principles of self-determination.

Goal 2: SCICIL staff will continue to provide self-help through Independent Living Skills development and coaching with five (3) consumers.

Action Steps:

- Staff will provide coaching to consumers to promote skill development.
- Coaching will be faded as the consumer becomes more proficient and independent at using his/her new skills.

Goal 3: SCICIL staff will continue to promote the development of peer relationships for at least two (2) consumers.

Action Steps:

- Staff will identify people with disabilities who are self-advocates, confident, and comfortable with their life situations to become Peer Mentors/Advisors.
- Individuals selected to become Peer Mentors/Advisors will be offered, and will receive training regarding the role of a Peer Mentor/Advisor.
- Mentors/Advisors will be paired with consumers with similar disabilities, or in a peer group.

Goal 4: SCICIL will continue to ensure equal access to center services, programs, activities, resources.

- All SCICIL publications, brochures, and forms will continue to be available in alternate formats, including other languages and Braille.
- SCICIL building will continue to be accessible.
- SCICIL Executive Director will continue to attend meetings of the IA SILC. Active involvement on the Council ensures SCICIL input into the development of the State Plan for Independent Living. The Executive Director is the Vice President of the IA SILC.

Goal 5: The SCICIL will continue to mandate through policies and procedures that people with disabilities be served without regard to race, creed, national origin, religion, gender, disability, or age.

Action Steps:

- Services will be provided to all eligible individuals from cross disability groups.
- Staff will review with all consumers at the time of intake, the agency's mission, philosophy, and services.
- Staff will ensure that consumers understand that they are in control of developing independent living goals, and the methods to achieve those goals.
- Staff will inform consumers that they may choose to write a formal Independent Living Plan or waive developing a plan.

Goal 6: To continue to advocate for necessary changes in public transportation for PWD's in Mahaska, Appanoose, and Monroe Counties.

- SCICIL staff will attend meetings with the CAPS group to discuss accessibility and availability issues for PWD's.
- Attend an annual meeting with community providers to identify needed transportation and concerns for PWD's in the served counties.
- Advocate for necessary changes and improvements in transportation for PWD's.

GOAL 7: The SCICIL staff and volunteers will increase the knowledge of housing options to PWD/s in Mahaska, Appanoose, and Monroe Counties.

Action Steps

- To provide information regarding housing options and assistance for PWD's.
- To provide necessary and appropriate referrals for assistance and access to beneficial services for housing options for PWD's.
- To advocate for changes and/or improvements in available housing options and programs for PWD's.

All of these goals and objectives and action steps have been met.

6.1.2 Challenges

Describe any substantial challenges or problems encountered by the CIL, and the resolutions/attempted resolutions. *

The SCICIL has experienced no substantial problems outside normal operations of the CIL, trying to maintain sufficient financial resources to operate at a level to serve our 3 county area. The SCICIL continues to provide training for staff to assist them in providing quality services to consumers.

6.1.3 Comparison with Prior Reporting Year

As appropriate, compare the CIL's activities in the reporting year with its activities in prior years, e.g., recent trends. *

Our CIL has become more creative in providing services and has placed a heavier focus on promoting awareness about our organization and our services in these specific areas: housing, transportation, peer-to-peer relationships, outreach, and nursing home transition. We also plan to focus more in the area of resource development. We have developed (along with other Iowa CILs) standard definitions of services consistent with RSA definitions to better track data across the state. We continue to work with staff to make sure they are providing services to consumers.

6.2 Work Plan for the Year Following the Reporting Year * - Required field

6.2.1 Annual Work Plan

List the CIL's annual work plan goals, objectives and action steps planned for the year following the reporting year. *

Goal 1: The SCICIL will comply with evaluation standards.

Objective 1: The SCICIL will promote self-help and self-advocacy with at least ten (3) consumers.

A• Staff will ensure that consumers are in control of identifying and setting all Independent Living Goals, and the steps used to achieve those goals.

- Staff will inform consumers of their rights.
- Staff will inform consumers how to address possible grievances.
- Staff will help consumers to understand the principles of self-determination.

Goal 2: SCICIL staff will continue to provide self-help through Independent Living Skills development and coaching with five (3) consumers.

Action Steps:

- Staff will provide coaching to consumers to promote skill development.
- Coaching will be faded as the consumer becomes more proficient and independent at using his/her new skills.

Goal 3: SCICIL staff will continue to promote the development of peer relationships for at least two (2) consumers.

Action Steps:

- Staff will identify people with disabilities who are self-advocates, confident, and comfortable with their life situations to become Peer Mentors/Advisors.
- Individuals selected to become Peer Mentors/Advisors will be offered, and will receive training regarding the role of a Peer Mentor/Advisor.
- Mentors/Advisors will be paired with consumers with similar disabilities, or in a peer group.

Goal 4: SCICIL will continue to ensure equal access to center services, programs, activities, resources.

- All SCICIL publications, brochures, and forms will continue to be available in alternate formats, including other languages and Braille.
- SCICIL building will continue to be accessible.
- SCICIL Executive Director will continue to attend meetings of the IA SILC. Active involvement on the Council ensures SCICIL input into the development of the State Plan for Independent Living. The Executive Director is the Vice President of the IA SILC.

Goal 5: The SCICIL will continue to mandate through policies and procedures that people with disabilities be served without regard to race, creed, national origin, religion, gender, disability, or age.

Action Steps:

- Services will be provided to all eligible individuals from cross disability groups.

- Staff will review with all consumers at the time of intake, the agency’s mission, philosophy, and services.
- Staff will ensure that consumers understand that they are in control of developing independent living goals, and the methods to achieve those goals.
- Staff will inform consumers that they may choose to write a formal Independent Living Plan or waive developing a plan.

Goal 6: To continue to advocate for necessary changes in public transportation for PWD’s in Mahaska, Appanoose, and Monroe Counties.

- SCICIL staff will attend meetings with the CAPS group to discuss accessibility and availability issues for PWD’s.
- Attend an annual meeting with community providers to identify needed transportation and concerns for PWD’s in the served counties.
- Advocate for necessary changes and improvements in transportation for PWD’s.

GOAL 7: The SCICIL staff and volunteers will increase the knowledge of housing options to PWD/s in Mahaska, Appanoose, and Monroe Counties.

Action Steps

- To provide information regarding housing options and assistance for PWD’s.
- To provide necessary and appropriate referrals for assistance and access to beneficial services for housing options for PWD’s.
- To advocate for changes and/or improvements in available housing options and programs for PWD’s.

6.2.2 SPIL Consistency

Explain how these work plan goals, objectives and action steps are consistent with the approved SPIL. *

The SCICIL’S work plan is consistent with the SPIL in the following ways:

Consumer services are consistent with the IL philosophy including consumer choice and control.

Staff members, volunteers and board members are a majority of people with disabilities.

CIL Director sits on the Iowa SILC as the CIL Representative and past President. SCICIL goals are consistent with the State Plan for Independent Living. The SPIL and the SCICIL CIL activities both maintain the same IL philosophy. Specifically, the SPIL states they will: “support the philosophy that IL services are provided in a consumer controlled and directed environment for all disability groups. The term IL service is intended to include, but not be limited to, peer counseling, advocacy, IL skills training, information and referral and other services as necessary to promote increased independence among Iowa’s disability community.”

Section 7. Other Accomplishments, Activities and Challenges

* - Required field

Describe any additional significant accomplishments, activities and/or challenges not included elsewhere in the report, e.g. brief summaries of innovative practices, improved service delivery to consumers, etc. *

We continue to strive to increase information, resource accessibility, and a focus on education for the consumers and communities we serve. We will continue to provide quality core services to the consumer and families in our communities, as well as to increase disability awareness to local agencies and businesses.

One of our outstanding achievements has been in collaborating with the local businesses and agencies to achieve increased accessibility for individuals with disabilities. The center initiated a number of opportunities for local agencies to participate in and be a part of our mission.

Section 8. Training and Technical Assistance

8.1 Training and Technical Assistance Needs * - Required field

Training And Technical Assistance Needs	Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important
Advocacy/Leadership Development	
General Overview	10
Community/Grassroots Organizing	
Individual Empowerment	
Systems Advocacy	
Legislative Process	
Applicable Laws	

<p>Training And Technical Assistance Needs</p>	<p>Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important</p>
<p>General overview and promulgation of various disability laws</p>	
<p>Americans with Disabilities Act</p>	<p>9</p>
<p>Air-Carrier's Access Act</p>	
<p>Fair Housing Act</p>	
<p>Individuals with Disabilities Education Improvement Act</p>	
<p>Medicaid/Medicare/PAS/waivers/long-term care</p>	
<p>Rehabilitation Act of 1973, as amended</p>	
<p>Social Security Act</p>	
<p>Workforce Investment Act of 1998</p>	
<p>Ticket to Work and Work Incentives Improvement Act of 1999</p>	

Training And Technical Assistance Needs	Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important
Government Performance Results Act of 1993	
Assistive Technologies	
General Overview	
Data Collecting and Reporting	
General Overview	8
704 Reports	
Performance Measures contained in 704 Report	
Dual Reporting Requirements	
Case Service Record Documentation	
Disability Awareness and Information	
Specific Issues	

<p>Training And Technical Assistance Needs</p>	<p>Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important</p>
<p>Evaluation</p>	
<p>General Overview</p>	
<p>CIL Standards and Indicators</p>	
<p>Community Needs Assessment</p>	
<p>Consumer Satisfaction Surveys</p>	
<p>Focus Groups</p>	
<p>Outcome Measures</p>	
<p>Financial: Grant Management</p>	
<p>General Overview</p>	
<p>Federal Regulations</p>	
<p>Budgeting</p>	

Training And Technical Assistance Needs	Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important
Fund Accounting	
Financial: Resource Development	
General Overview	
Diversification of Funding Base	4
Fee-for-Service Approaches	5
For Profit Subsidiaries	6
Fund-Raising Events of Statewide Campaigns	
Grant Writing	7
Independent Living Philosophy	
General Overview	
Innovative Programs	

<p>Training And Technical Assistance Needs</p>	<p>Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important</p>
<p>Best Practices</p>	
<p>Specific Examples</p>	
<p>Management Information Systems</p>	
<p>Computer Skills</p>	
<p>Software</p>	
<p>Networking Strategies</p>	
<p>General Overview</p>	<p>3</p>
<p>Electronic</p>	
<p>Among CILs & SILCs</p>	
<p>Community Partners</p>	
<p>Program Planning</p>	

<p>Training And Technical Assistance Needs</p>	<p>Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important</p>
<p>General Overview of Program Management and Staff Development</p>	<p>2</p>
<p>CIL Executive Directorship Skills Building</p>	
<p>Conflict Management and Alternative Dispute Resolution</p>	
<p>First-Line CIL Supervisor Skills Building</p>	
<p>IL Skills Modules</p>	
<p>Peer Mentoring</p>	
<p>Program Design</p>	
<p>Time Management</p>	
<p>Team Building</p>	
<p>Outreach to Unserved/Underserved Populations</p>	
<p>General Overview</p>	<p>1</p>

<p>Training And Technical Assistance Needs</p>	<p>Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important</p>
<p>Disability</p>	
<p>Minority</p>	
<p>Institutionalized Potential Consumers</p>	
<p>Rural</p>	
<p>Urban</p>	
<p>SILC Roles/Relationship to CILs</p>	
<p>General Overview</p>	
<p>Development of State Plan for Independent Living</p>	
<p>Implementation (monitor & review) of SPIL</p>	
<p>Public Meetings</p>	
<p>Role and Responsibilities of Executive Board</p>	

Training And Technical Assistance Needs	Choose up to 10 Priority Needs - Rate items 1-10 with 1 being most important
Role and Responsibilities of General Members	
Collaborations with In-State Stakeholders	
CIL Board of Directors	
General Overview	
Roles and Responsibilities	
Policy Development	
Recruiting/Increasing Involvement	
Volunteer Programs	
General Overview	
Optional Areas and/or Comments (write-in)	

8.2 Additional Information * - Required field

Provide additional information, comments, explanations or suggestions not included elsewhere in the report *

We continue to strive to increase information, resource accessibility, and a focus on education for the consumers and communities we serve. We will continue to provide quality core services to the consumer and families in our communities, as well as to increase disability awareness to local agencies and businesses.

Section 9. Signatures

* - Required input

NAME OF EXECUTIVE DIRECTOR* Debora Philpot

I certify that the information provided in this report is true, complete and accurate to the best of my knowledge. : true

As the Executive Director, I certify that the Board has reviewed and given approval for submission of this report. : true